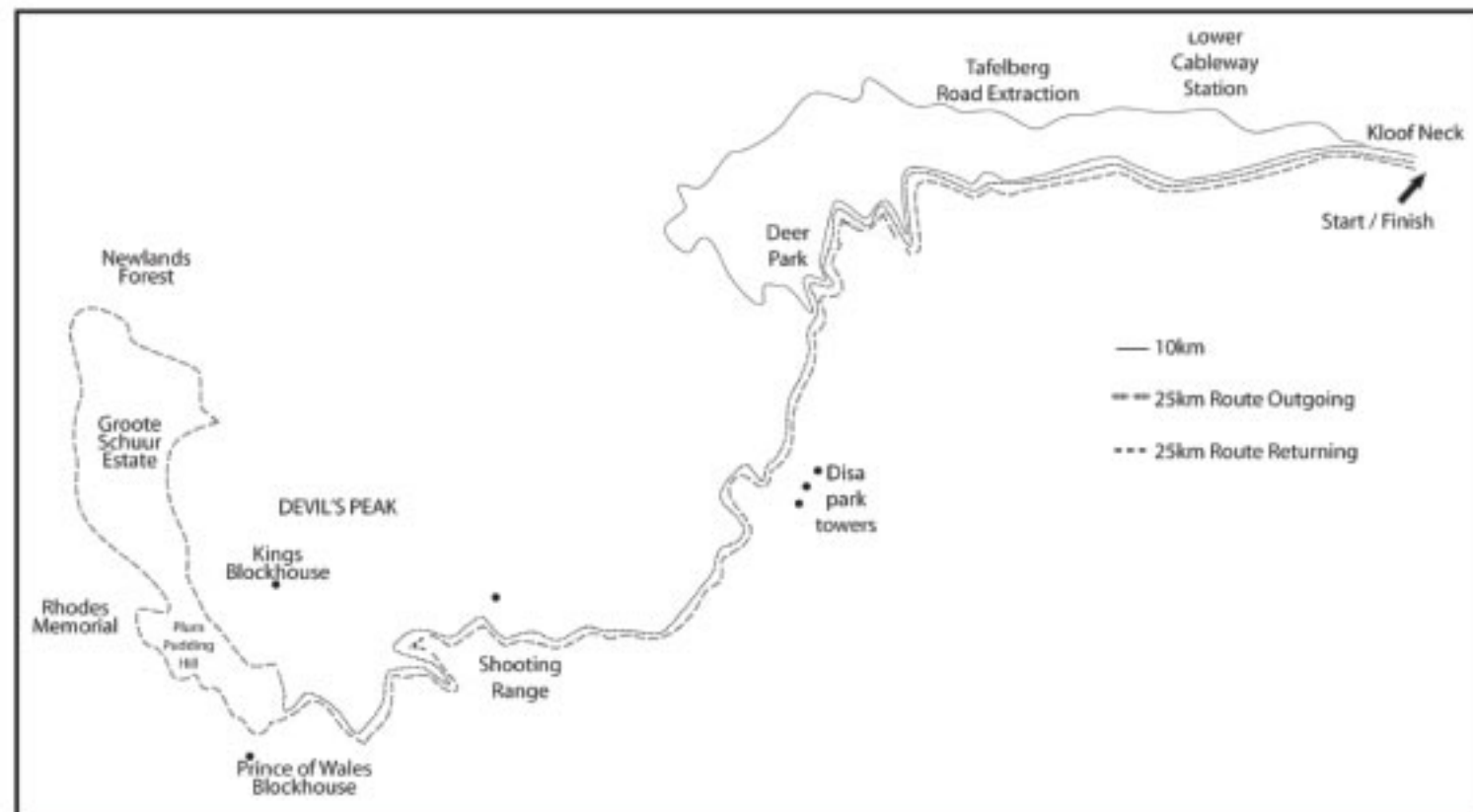


MAP



RULES

- All entrants must be in possession of a race number issued by the organisers, which must be worn on the front.
- Participants must keep to the designated route, as indicated.
- Marshals and traffic officials must be obeyed at all times. Failure to comply with the instructions may lead to immediate disqualification.
- No seconding shall be allowed on the route. Sufficient refreshment stations will be provided.
- No cyclists, vehicles, rollerblades or scooters will be permitted on the route
- It is the responsibility of each participant to ensure that he/she is medically fit and healthy to participate in the event.
- The Volunteer Wildfire Services reserves the right to accept or reject any entry.
- Participants of 12 years and younger must be accompanied by an adult.
- Pets are not permitted.
- Volunteer Wildfire Services will not be held liable for any injuries.

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VOULUNTEER WILDFIRE SERVICES

TRAIL CHALLENGE 2010

SUNDAY 02 MAY 2010
07:15 (25KM) & 07H30 (10KM)
25 KM = R90 / 10KM = R60

***WALKERS WELCOME (10km)**

**TMNP VISITOR CENTRE
KLOOFNEK PARKING AREA
TAFELBERG ROAD**

TROPHIES TO CATEGORY WINNERS